

Guided snowshoe hiking

Weekly program at Tiers am Rosengarten

From January 6th to March 15th, 2025.

Monday: Snowshoe Hike from Frommeralm hut to the Jocherhof

Experience an enchanting circular hike on the snowy plateau between Tiers and Welschnofen, where sparkling snowfields and majestic mountain panoramas allow you to fully immerse yourself in the winter serenity of South Tyrol.

Tour Description: After ascending with the cable car from Tiers, we begin our hike at the Frommeralm hut. We hike past the Niger Pass and take trail No. 1 towards Schillerhof. Before reaching it, we turn towards Hagneralm hut and continue on to Jocherhof. After a lunch break, we return to the starting point via Nigertal valley.

Meeting Point: Parking area of cable car station Tiers – 09:00 h

Hiking Time: Approximately 5 hours

Ascent: Approximately 400 m

Descent: Approximately 400 m

Difficulty: Technically easy hike, good basic fitness required

Refreshment Stop: Jocherhof

Tuesday: Snowshoe Hike to Haniger Schwaige hut

Immerse yourself in a winter wonderland with an unforgettable panoramic hike to Haniger Schwaige, passing by the imposing Rosengarten walls and the awe-inspiring Vajolet Towers, where the silence of the snow and the majestic mountain scenery create a magical atmosphere.

Tour Description: After ascending with the cable car from Tiers, we begin our hike at the Frommeralm hut. We pass by Baumann Schwaige and reach the trail “Sagenwanderweg”, which we follow to the Haniger Schwaige hut. After a short break, the path leads us down past Plafötsch hut to St. Zyprian, where we reach the starting point

Meeting Point: Parking area of cable car station Tiers – 9:00 h

Hiking Time: Approximately 5 hours

Ascent: Approximately 300 m

Descent: Approximately 900 m

Difficulty: Moderate hike, good basic fitness required

Refreshment Stop: No refreshment stop available, it is recommended to bring a packed lunch

Wednesday: Snowshoe Hike from Kaiserstein to Messnerjoch hut

Discover the winter idyll of the Carezza ski area with a snowshoe hike under the impressive rock walls of the Rosengarten – a winter experience that will enchant you.

Tour Description: After ascending with the cable car from Tiers, we take the public bus to bus stop Kaiserstein, where we start our hike. The first part of the hike leads us initially downhill to the hotel Moseralm and then uphill across the Kölbllegg-Frin meadows to Kuregg, below the Kölner Hütte refuge at 2,000 m. After a short descent, we reach the Messnerjoch alpine hut, where we take a lunch break. The subsequent descent leads us back to the Tiers cable car.

Meeting Point: Parking area of cable car station Tiers – 09:00 h | Welschnofen cable car mountain station - 09:30 h

Hiking Time: Approximately 4 hours

Ascent: Approximately 500 m

Descent: Approximately 500 m

Difficulty: Moderate hike, good basic fitness required

Refreshment Stop: Messnerjoch

Thursday: Snowshoe Hike in the Latemar Area

Experience the pure magic of winter with a snowshoe hike in the deep winter Latemar area, where untouched snowy landscapes and the imposing panorama of the Dolomites promise an unforgettable nature experience.

Tour Description: After ascending with the cable car from Tiers and then continuing by public bus, we start our hike at the cable car station Paolina. The path leads us uphill through the Latemar-Forest to the Mitterleger. Depending on snow conditions, we then hike either along the Labyrinth trail or trail No. 21 to Latmor Alm. After a lunch break, we descend via the Latemar meadows to the Karerpass, from where we return to Tiers by bus and cable car.

Meeting Point: Parking area of cable car station Tiers – 09:00 h | Welschnofen cable car mountain station - 09:30 h

Hiking Time: Approximately 4.5 hours

Ascent: Approximately 500 m

Descent: Approximately 400 m

Difficulty: Technically easy hike, good basic fitness required

Refreshment Stop: Latmor Alm

Friday: Snowshoe Hike on Seiser Alm

Experience the unique beauty of the Seiser Alm, the largest high alpine pasture in Europe, with a snowshoe hike through endless snowfields and enjoy spectacular views of the Dolomites.

Tour Description: After ascending with the cable car from Seis, we start our hike in Compatsch and hike via Panorama and Tschapit towards Goldknopf. Depending on preference, we can take the lunch break at Mahlknecht hut with a subsequent toboggan ride down to Saltria, or alternatively, we can have lunch at Almrosen hut followed by a hike down to Saltria. Following this, we return to the starting point by bus and cable car.

Meeting Point: Entrance of Seiser Alm cable car station at 9:20 h, departure from St. Zyprian (Tiers) at 08:35 h by bus 176

Hiking Time: Approximately 4 hours

Ascent: Approximately 450 m

Descent: Approximately 450 m

Difficulty: Technically easy hike, good basic fitness required

Refreshment Stop: Almrosen hut or Mahlknecht hut

Saturday: Snowshoe Hike through the Tschamin Valley

Immerse yourself in the untouched wilderness of the Tschamin Valley with a snowshoe hike and enjoy the silent beauty of this pristine winter landscape, framed by the majestic peaks of the Rosengarten.

Tour Description: We start the hike at the parking area of the cable car station in St. Zyprian (Tiers) and ascend to Runggun to the snowshoe gate. We continue across the Doss meadows into the Tschamin Valley, reaching the Rechter Leger. After a break, we cross the Tschamin stream and hike down on the other side of the valley back to the starting point.

Meeting Point: : Parking area of cable car station Tiers – 9:30 h

Hiking Time: Approximately 5 hours

Ascent: Approximately 550 m

Descent: Approximately 550 m

Difficulty: Technically easy hike, good basic fitness required

Refreshment Stop: No refreshment stop available, it is recommended to bring a packed lunch

Registration at the tourist office Tiers am Rosengarten within 16:00 h the day before the event.

+39 0471 642127 or info@tiers.it or www.seiseralm.it/events

Participation fee 30,00 € (snowshoes, cable cars and lunch not included).